

## Podcasts, Articles, Other recommended resources

Whether during PGAM or another time of the year, you can always learn more about responsible gambling and problem gambling. The following content provides you with resources to expand your knowledge. It is for your own personal use and should not be reproduced or shown to others for profit. If you have further questions contact [johnn@ncpgambling.org](mailto:johnn@ncpgambling.org).



RESOURCE NAME	LINK
All In: An Addicted Gambler's Podcast – Brian & Jeffrey	<a href="https://directory.libsyn.com/shows/view/id/addictedgamblerpodcast">https://directory.libsyn.com/shows/view/id/addictedgamblerpodcast</a>
After Gambling – Jamie	<a href="https://www.aftergambling.com/">https://www.aftergambling.com/</a>
The Problem Gambling Podcast – produced out of Ireland.	<a href="https://podcasts.google.com/feed/aHR0cHM6Ly9hbmNob3luZm0vcy8yMDIxNzUzMC9wb2RjYXN0L3Jzcw?sa=X&amp;ved=0CAIQ4aUDahcKEwi4ufGr1tPtAhUAAAAAHQAAAAAQ&amp;hl=en">https://podcasts.google.com/feed/aHR0cHM6Ly9hbmNob3luZm0vcy8yMDIxNzUzMC9wb2RjYXN0L3Jzcw?sa=X&amp;ved=0CAIQ4aUDahcKEwi4ufGr1tPtAhUAAAAAHQAAAAAQ&amp;hl=en</a>
3-2-1 NoKiddin Podcast	<a href="https://www.321nokiddin.com/podcast-episodes">https://www.321nokiddin.com/podcast-episodes</a>
Starting from Scratch	<a href="https://www.thisamericanlife.org/598/my-undesirable-talent">https://www.thisamericanlife.org/598/my-undesirable-talent</a>
Starting from Scratch	<a href="https://www.thisamericanlife.org/233/starting-from-scratch">https://www.thisamericanlife.org/233/starting-from-scratch</a>
Connections: Healthy Gaming & Gambling” (fellow NCPG Affiliates Evergreen & Oregon Council collaboration	<a href="https://anchor.fm/connections-podcast">https://anchor.fm/connections-podcast</a>
“Voices...the Podcast” (Brian Ward / Voices of Problem Gambling Recovery):	<a href="https://www.stitcher.com/show/voicesthe-podcast">https://www.stitcher.com/show/voicesthe-podcast</a>
“All Bets Are off (U.K.)”:	<a href="https://www.allbetsareoff.co.uk/">https://www.allbetsareoff.co.uk/</a>
Radio Show: WFAN's Craig Carton weekend show on compulsive gambling, responsible gaming	<a href="https://www.nj.com/sports/2020/12/wfans-craig-carton-gets-weekend-show-on-compulsive-gambling-responsible-gaming.html">https://www.nj.com/sports/2020/12/wfans-craig-carton-gets-weekend-show-on-compulsive-gambling-responsible-gaming.html</a>
The Moth: Shannon Cason “It's Like Borrowing”	<a href="https://themoth.org/storytellers/shannon-cason">https://themoth.org/storytellers/shannon-cason</a>
Gambling Addiction Podcasts/PlayerFM	<a href="https://player.fm/podcasts/gambling-addiction">https://player.fm/podcasts/gambling-addiction</a>
Dr. Phil The Bubble Over My Head: 3 Tips To Change Undesirable Behavior	<a href="https://www.youtube.com/watch?v=8z0yCc1bNb8">https://www.youtube.com/watch?v=8z0yCc1bNb8</a>
Dr. Lori Rugle Is Gambling Addiction Genetic?   American Greed   CNBC Prime	<a href="https://video.search.yahoo.com/">https://video.search.yahoo.com/</a>
Active Military, Veterans, and Gambling In this episode our guest experts discuss the current state of gambling in the military, what puts service men and women at risk of having problems from gambling, and discuss the current climate of services available to help them.	<a href="https://video.search.yahoo.com/search/video;_ylt=Awr9Gi_YKAppgBgAeQ9XNyoA;_ylu=Y29sbwNncTEEcG9zAzEEdnRpZANBMDU5OV8xBHNIYwNzYw--?p=Best+Problem+Gambling+youtube&amp;fr=yfp-t#id=38&amp;vid=2bf19a0d341e123fa589cb1f56204f0d&amp;action=view">https://video.search.yahoo.com/search/video;_ylt=Awr9Gi_YKAppgBgAeQ9XNyoA;_ylu=Y29sbwNncTEEcG9zAzEEdnRpZANBMDU5OV8xBHNIYwNzYw--?p=Best+Problem+Gambling+youtube&amp;fr=yfp-t#id=38&amp;vid=2bf19a0d341e123fa589cb1f56204f0d&amp;action=view</a>
Fold em offers straight talk about dealing with the fall-out from gambling. Whether you are looking at stopping or scaling back your own gambling or helping a family member with a problem, this podcast will get you taking back control. Hear from gamblers who have been through it. Tips from counsellors.	<a href="https://podcasts.apple.com/ca/podcast/fold-em/id1540510414">https://podcasts.apple.com/ca/podcast/fold-em/id1540510414</a>