



Lia Nower Joins National Council on Problem Gambling Board of Directors

Rutgers University Professor Begins Position in January 2021

FOR IMMEDIATE RELEASE

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Washington, DC – Lia Nower, JD, PhD, Rutgers University Professor and Director of its Center for Gambling Studies, has joined the Board of Directors of the [National Council on Problem Gambling](http://www.ncpgambling.org) (NCPG).

“The National Council on Problem Gambling works closely with our Board of Directors to advance policies and programs that assist people and families affected by problem gambling,” said Keith Whyte, Executive Director of NCPG. “We are excited that Lia Nower will be joining our Board. Her expertise will help NCPG be more effective in an environment where gambling is expanding rapidly throughout the country.”

The NCPG Board of Directors is comprised of 15 members. It meets throughout the year to set the direction of the organization by establishing strategic goals, approving its budget, helping with the planning of conference and events, monitoring the effectiveness of existing programs and assisting with the establishment of new programs.

“I am honored to become a member of the NCPG Board of Directors,” said Nower. “The increase in gambling opportunities is enormously profitable for operators and provides tax revenues to states. On the other hand, it also brings negative potential consequences from financial troubles to psychiatric disorders. NCPG is there for those in need and I hope to improve the caliber of help they are able to provide.”

Nower is currently Chair of the NCPG Research Committee and has served on several other committees. She is also Director of the Addiction Counselor Training Certificate Program in the Rutgers School of Social Work and a research affiliate with the Gambling Treatment Unit at the University of Sydney Brain and Mind Centre.

Nower has co-authored several policy initiatives, including models for self-exclusion, responsible gambling programs, and problem gambling treatment service integration into state systems. She co-authored the Pathways Model and the Gambling Pathways Questionnaire (GPQ), which are used

internationally in research and treatment and currently heads the team evaluating play-by-play data for Internet gambling and sports wagering in the State of New Jersey. Previously Nower served as a National Institute of Health (NIH) pre-doctoral fellow, a Fulbright fellow, and a research intern at the National Research Council at the National Academies.

“On behalf of the NCPG Board of Directors, I want to congratulate Dr. Nower on her appointment,” said Robert Jacobson, President of the NCPG Board of Directors and Executive Director of the California Council on Problem Gambling. “Throughout her career, Lia has demonstrated considerable expertise in understanding how people become addicted, and what responsible gambling measures and problem gambling treatments work best. We know she will be an invaluable contributor to the Board.”

About the National Council on Problem Gambling

Based in Washington DC, the National Council on Problem Gambling is the only national nonprofit organization that seeks to minimize the economic and social costs associated with gambling addiction by working with constituents in all facets of gambling. NCPG is neutral on legalized gambling. If gambling becomes a problem, NCPG urges people who gamble, as well as their loved ones, to contact the National Problem Gambling Helpline, which offers hope and help without judgment or shame. If you or someone you know has a gambling problem, call or text 1-800-522-4700 or visit www.ncpgambling.org/chat. Help is available 24/7 - it is free and confidential.

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